

## Unit 5 Lesson 2 Pain Scales

### The Wong-Baker Faces Pain Rating Scale

Designed for children aged 3 years and older, the Wong-Baker Faces Pain Rating Scale is also helpful for elderly patients who may be cognitively impaired. It offers a visual description for those who don't have the verbal skills to explain how their symptoms make them feel.

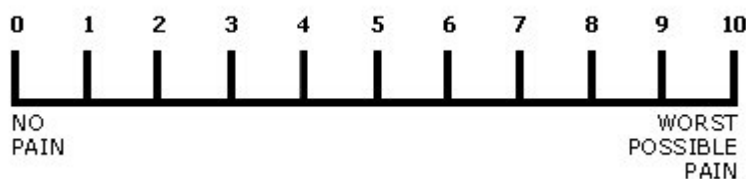


To use this scale, explain that each face shows how a person in pain is feeling. That is, a person may feel happy because he or she has no pain (hurt), or a person may feel sad because he or she has some or a lot of pain.

- **Face 0** is very happy because he or she doesn't hurt at all.
- **Face 1** hurts just a little bit.
- **Face 2** hurts a little more.
- **Face 3** hurts even more.
- **Face 4** hurts a whole lot.
- **Face 5** hurts as much as you can imagine, although you don't have to be crying to feel this bad.

### A Numerical Pain Scale

A number pain scale allows the patient to describe the intensity of their pain in numbers ranging from 0 to 10. Some scales have even more numbers. As you can see, zero (0) is no pain and on this scale ten (10) is the worst.



There are many other pain scales used in different facilities. If you don't understand the pain scale, be sure to ask someone.